

**The Practice Of Cognitive-Behavioural  
Hypnotherapy: A Manual For Evidence-Based  
Clinical Hypnosis**

**By Donald Robertson**



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Cognitive behavioral therapy the scientist practitioner model in which clinical practice and research is informed access to evidence-based  
(evidence-based) CBT+Hypnosis (Cognitive-behavioural hypnotherapy, CBH)  
Waiting list control, Donald Robertson, NCH Research Director.

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